PARTA SOUNDINGS

MAY 2024

LUNCHEON MEETING MAY 6 Barracks Cater Inn 11:30 A M

GREETERS

SUSAN BARTLOW

ANN CHRISTOPHEL
Pledge & Invocation

O JO TROMPETER

LUNCHEON

Luncheon – \$15.00

RESERVATION REQUIRED

(Details on Page 4)

Entrée Chicken Parmesan Potato / Vegetable Salad / Roll / Drink Dessert

PROGRAM



ENGLISH CEO @ Wildlife Prairie Park Program begins around 12:15 P.M.

MEETING

Dixie Wheeler PARTA President, Chair

Roger Hampton



PEORIA AREA RETIRED TEACHERS ASSOCIATION

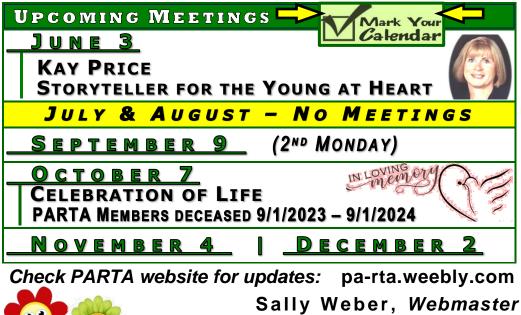
LOCAL UNIT 32 OF THE ILLINOIS RETIRED TEACHERS ASSOCIATION

PRESIDENT'S MESSAGE

I'd like to mention one of the benefits of our Aetna insurance plan – Silver Sneakers. Just recently our CD player refused to play my workouts. So, I went in search of workouts via the internet, and I remembered Silver Sneakers! I was totally awed by what I found. Silver Sneakers Not only were there multiple videos for strength training, flexibility, and endurance that you can watch anytime, but also classes you can register for, even just one at a time. Of course, there are live classes in our Peoria area, but I prefer my home. Last Sunday night, for instance, I did 3 classes of 10 minutes each for strength, flexibility, and

balance. I can revisit those same classes or try different ones. Classes are designed for seniors, so you won't be doing anything crazy with your body! There are men and women trainers to choose from with choices of multiple classes. You have no excuse—these classes are made to help us stay in our homes so we can live independently. I'm totally sold. Go to your Aetna page and you will see Silver Sneakers. Start getting healthier now!

Dixie Wheeler, PARTA President



The earth

laughs in flowers. ~ Ralph Waldo Emerson

PARTA LUNCHEON MEETING MINUTES

The PARTA meeting for April took place on April 1, 2024, at the Cater Inn with Dixie Wheeler, President, leading the meeting. There were 72 members present, and no new members were added. During the meeting, President Wheeler announced the treasurer's report was available on the tables for everyone to access. Greeters Mary Nelson and Carol Rogers were thanked for their service. Jeff Vallosio led the pledge and invocation.

Lee Ann Meinhold introduced Mike Rucker, a guest speaker renowned for his work on the history of bicycles and children's books.



During the presentation, Mike shared fascinating details about the Duryea and its owners' connection to Peoria and Central Illinois. Interestingly, Mike himself has driven a Duryea in the past. If you want to see a replica of the Duryea, you can find one at the Riverfront Museum.

BUSINESS MEETING

Jane Glover announced that the Peoria Kiwanis organization will present a Teacher of the Year Award to outstanding teachers from both high schools and middle schools. Jane distributed copies of the list of awardees and urged members who knew the recipients to attend the award ceremonies. The award ceremonies will be held on April 10th for the high school awardees and April 24th for the middle school awardees. If you need any further details regarding the award ceremonies, please get in touch with Jane Glover.

Morton Civic Chorus will perform at the Bertha Frank Fine Arts Center in Morton from May 23-26. Tickets will be available for purchase from Denise Adams in May.



AUDIT REPORT — Dave Barnwell reported that PARTA's financial records are in good order, thanks to the efficient management of our treasurer, Jeff Vallosio. Trent Strong from Legacy Investment Services also provides outstanding care for our investments.

LEGISLATIVE UPDATE—During the legislative report delivered by Dixie Wheeler, it was stated that Governor Pritzer plans to fund the pension fund

Respectfully Submitted

Deloris Turner, Recording Secretary



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If you don't like me, you should get tested! One of the symptoms of COVID is: NO TASTE!

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fully. The legislative advocate for IRTA, Andrew Bodewes, provided information regarding changes in the Tier 2 category for teachers, which will take place in 2027. Retirees in this category can expect to see reductions in salaries. There will also be reviews of salaries, COLA, and retirement age.

Currently, the retirement age is 67. During the meeting, concerns about Aetna Insurance and whether people were experiencing problems were raised. It was also noted that Mayo Clinic is not currently accepting any Advantage Plans.

MEMBERSHIP—Roger Hampton expressed his appreciation for Dixie Wheeler serving as the chair of the IRTA Legislative Committee and Deloris Turner as the Area 4 Representative. He mentioned that both individuals will update the members with information gathered from various meetings. Roger shared some information with the members regarding pending retirees from Peoria County. He explained how the members could encourage these retirees to become members of PARTA. Roger suggested that the members contact anyone on the list who taught in the same district or school or lives in the same community. The email addresses

on the printout are school emails, so it is recommended that members reach out to them before the school year ends.

WE NEED YOUR HELP

IRTA NEWS—TRS's mission, vision, and core values are on the back page of the *Soundings*. Additionally, TRS is launching a new webinar series covering questions that members frequently ask. Members will receive an email regarding the webinar, and if they miss it, all webinars will be posted on the TRS website for their convenience. Jeff Vallosio mentioned that the treasurer's report includes a \$250 deposit from IRTA. Thanks go to President Wheeler for pursuing the paperwork for PARTA to be designated as a Unit of Distinction, which resulted in the organization receiving \$250. President Wheeler asked for a motion to adjourn the meeting. Roger Hampton made the motion, which was seconded by Peggy Shane.

April 1, 2024

MAY 2024 TREASURER'S REPORT SUMMARY						
Investment Balance \$ 56,766.93	Post Office Bulk Mail Fund \$ 340.86					
Savings Balance 4,072.17	Post Office Returned Mail Fund 53.37					
Checking Balance 2,022.60	GRAND TOTAL\$ 63,355.93					
Working Cash <i>(cash boxes)</i> 100.00	Jeff Vallosio, PARTA Treasurer					

AN ASTONISHING FACT

THERE ARE NEARLY 30,000,000 FORGOTTEN 401K ACCOUNTS HOLDING A STAGGERING \$1.65 TRILLION IN ASSETS.

PLEASE MAKE THE FOLLOWING CHANGE TO YOUR DIRECTORY							
Cornelius	Peggy	5750 Balcones DR	Austin	ТΧ	78731-4269	New Address	
Vallosio	Jeff	309.219.4061	Correction (incorrectly printed last month)				

Please keep PARTA informed of your current contact information. PARTA Send updated information to Roger Hampton: roger.hampton11138@gmail.com MEMBERS

ILLINOIS RETIRED TEACHERS' ASSOCIATION POLITICAL ACTION COMMITTEE (IRTAPAC)

- · Organized to protect, preserve, and improve benefits for individuals receiving a pension from the Illinois Teachers' Retirement System (TRS).
- Exists to elect, educate, and build rapport with legislators and officials who understand the important role pensions and healthcare benefits are to our retired public state educators.
- Funds are used to support candidates for political office who support Illinois Retired Teachers Association (IRTA) members and the issues important to you.
- In addition, funds are used to enhance political awareness of IRTA members and increase their contacts with elected officials and candidates.

YOUR VOICE IS KEY TO BETTER RETIREMENT PROTECTION!

Supporting IRTAPAC helps ensure retired educators have a strong voice when decisions are made that impact the promised pension and healthcare benefits.

HOW YOU CAN CONTRIBUTE:

→ Click on "PAC" and choose the DONATE option. ➔ Visit www.irtaonline.org • If you are a TRS annuitant, you can fill out the online form that allows TRS to DONATE \$1 EACH MONTH FROM YOUR MONTHLY PENSION CHECK.

• You can also mail a check payable to IRTAPAC 828 S 2nd ST 4th FL, Springfield, IL 62704

Your continued support of IRTAPAC ensures that IRTA has the resources to continue fighting for you. By working alongside our members, and speaking with one collective voice, the IRTA will continue to maintain its presence as a powerful advocate on behalf of the Illinois retired teacher community. Jeff Vallosio is an IRTAPAC committee member. THANKS JEFF!

Always make sure someone in the relationship has good credit. That's why it's called SIGNIFICANT other. SIGN-IF-I-CAN'T

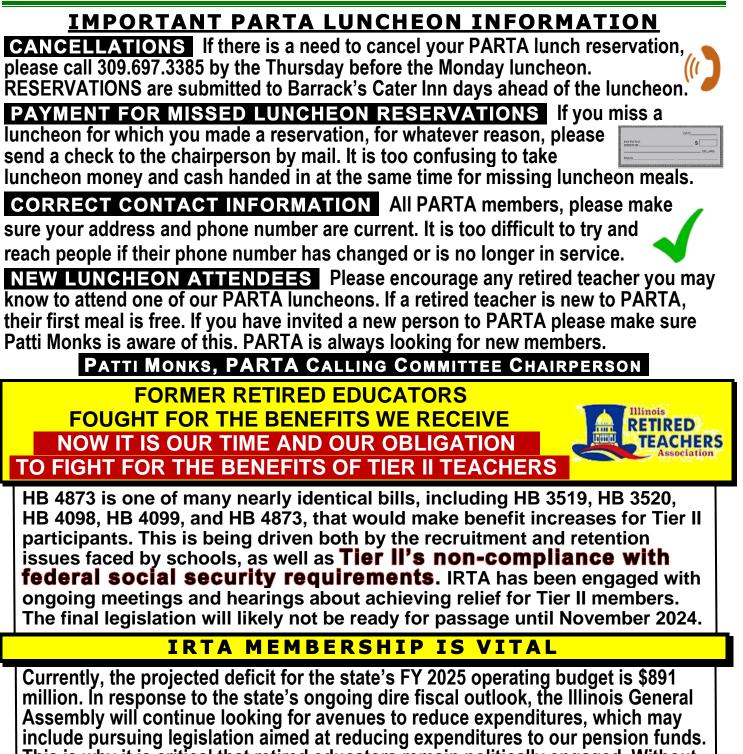
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POLITICAL 🥏

COMMITTE



This is why it is critical that retired educators remain politically engaged. Without a strong collective voice, your interests may not be adequately represented. IRTA must remain vigilant and prepared to fight against legislation that would jeopardize our pension and healthcare benefits.

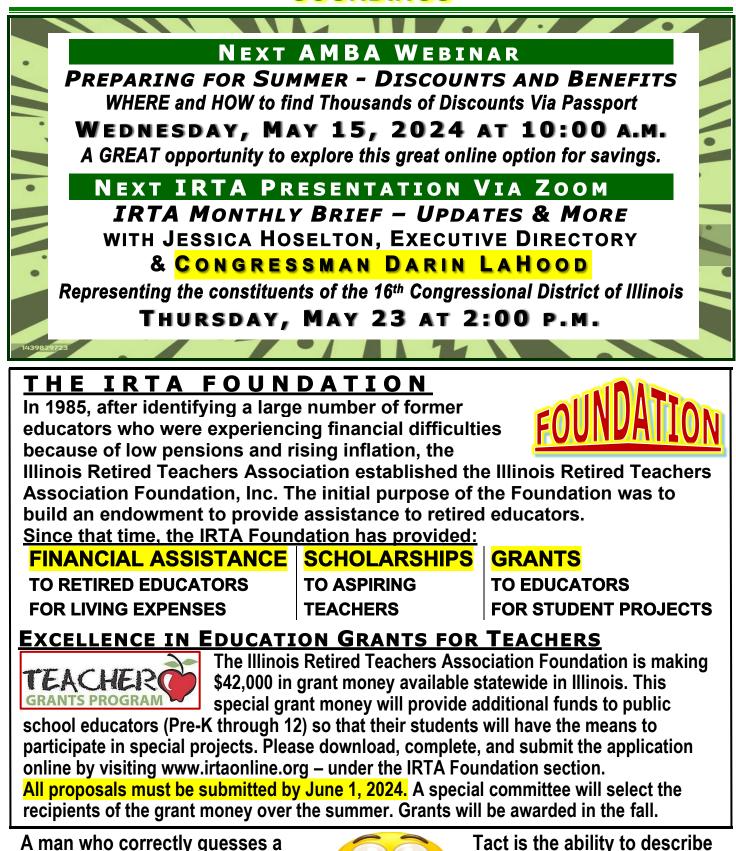
YOUR CONTRIBUTIONS TO IRTAPAC ARE IMPORTANT!

FYI: If you see me out past 10 pm, just know that I've had an afternoon nap for at least 2 hours.

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A man who correctly guesses a woman's age may be smart, but he's not very bright! ~ Lucille Ball



Tact is the ability to describe others as they see themselves. ~ Abraham Lincoln

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WINDFALL ELIMINATION PROVISION and GOVERNMENT PENSION OFFSET

On Tuesday, April 16th, the U.S. House Ways and Means Social Security Subcommittee heard testimony from Social Security experts about the Windfall Elimination Provision (WEP) and Government Pension Offset (GPO). As IRTA members are aware, these policies unfairly harm retired educators, police officers, firefighters, and other public servants. The Social Security

Fairness Act, H.R. 82, and S. 597, seeks a full repeal of WEP and GPO. Unfortunately, the committee hearing served as a subject-matter hearing only and did not result in a committee vote. It is understood that this is frustrating, and is not the desired outcome. However, IRTA will continue engagement with elected officials in Congress and encourages IRTA members to remain vigilant in expressing support for a full repeal of WEP and GPO.



INSPIRING SUCCESS STORY

Your success and happiness lie in you. ~ Helen Keller

This quote says a lot about the way we live our life. Everyone looks towards the external sources for success without knowing the key to success is in themselves. It is really important to know that success takes years of hard work and failure. Focusing on positivity certainly is important but so is looking at the things that made that happen.

Rock bottom became the solid foundation on which I rebuilt my life. ~ J.K. Rowling



J.K. Rowling's life story is one of the most notable inspiring success stories ever. Rowling, one of the most renowned authors of our time, is responsible for the creation of Harry Potter – an iconic and inspiring fictional character. Everyone knows the fantastic world of Harry Potter today but not everyone knows about the person who brought that world to life. After the death

of her mother, she moved to Portugal to teach English. She married a man there and had a daughter with him. However, after some time they parted ways and filed for a divorce. This was a turning point in her life as she moved to a different city with her daughter and three chapters of Harry Potter that she had written before. Rowling suffered depression and anxiety during that time. After about two years she finally completed Harry Potter, which was rejected by 12 publicists. Eventually, the book was accepted and published – the rest is history. Her story taught her that no matter what life throws at us, the solution is always inside us. *Source:* leverageedu.com/blog/inspiring-success-stories/

Resolve to keep happy, and your joy and you shall form an invincible host against difficulties. ~ Helen Keller



I wish I had a twin so I could know what I'd look like without plastic surgery. I've had so much plastic surgery that when I die, they will donate my body to *Tupperware*. ~Joan Rivers



EXTRAS THAT ARE PART OF TRAIL INSURANCE

TRANSPORTATION TO APPOINTMENTS With Aetna MAPD PPO, you get 24 one-way trips to your doctor, with unlimited mileage. **MEAL HOME DELIVERY** Get 28 delicious and nutritious meals delivered to your home after your hospital stay.



FAST-GROWING SCAMS

• <u>CHECK COOKING:</u> Check Cooking involves fraudsters taking photos of stolen checks and using digital tools to alter information such as the name and the amount.

• <u>VOICE PRINT SCAMS</u>: Scammers are now recording voices and using Artificial Intelligence to copy the cadence of your voice to get into your personal accounts. So, be careful about answering the phone if you don't know the number – it could be a Voice Print Scam.

• DELAYED ACTION SWEEPSTAKES:

Sweepstakes scammers have recently come up with a new variation on an old scam. Instead of trying to get you to pay taxes or other fees in advance to collect a nonexistent prize, scammers will ask for personal information so that they can validate you and set up the payout. Account withdrawals start small, but increase as they use your account to obtain credit cards and lines of credit in your name to siphon off money, giving them a potentially bigger payday down the road. • <u>CELEBRITY IMPERSONATION</u>: Fake celebrity profiles offer fans personal connection, VIP access, investment opportunities, or the chance to support favorite charities. These criminals attempt to create a bond through messaging or even a phone call from their "rep." With the power of AI, these scams can move from messaging to deepfake videos.

• MULTISTAGE GRANDPARENT SCAMS:

This is a new, more sophisticated version of the old grandparent scam. Now, scammers set up call centers staffed with young people who pose as a grandchild, or they use voice cloning and AI which allows scammers to use a clip of a loved one's voice to impersonate them. The grandchild usually states that they are jailed for various reasons. Scammers provide a case number and instruct the target to call their defense attorney or the local prosecutor – fraudulent numbers provided.

• **PARIS OLYMPIC SCAMS:** With every event of the magnitude of the Olympics, there's a predictable surge in scams related to ticket sales, merchandise, and travel packages.

INFORMATION ON HOW TO STAY SAFE, ONLINE AT:

https://www.aarp.org/money/scams-fraud/info-2023/top-scammer-list.html

A scammer called my Grandpa and said that they had all his passwords. Grandpa got a pen and paper and said, "Thank God for that! What are they?"

While visiting my granddaughter I asked if I could borrow a newspaper. She informed me that this is the 21st century and that

"We don't waste money on newspapers".

"Here, use my iPad", she said.

I can tell you this! That fly never knew what hit him!!!









but, then they don't let us sleep in class?!?!?!



Help you locate services in your community,

E valuate your needs and answer questions,

Link you to local care coordination services, and

Provide information, assistance, and literature.

In addition to local information and assistance sites, the Senior HelpLine provides information on programs and services. It links persons 60 and older and their caregivers to local services. Professional staff briefly assess needs, send literature, and write referrals for care coordination services, the Long-Term Care Ombudsman program, legal services, transportation, employment, and nutrition services. Senior HelpLine staff also provide abuse intake and accept appeals and service inquiries from the Community Care Program clients.

> I don't feel old. I don't feel anything until noon. Then it's time for my nap. ~ Bob Hope > I enjoy waking up and not having to go to work. So I do it three or four times a day. ~ Gene Perret



MY FACE IN THE MIRROR ISN'T WRINKLED OR DRAWN. My HOUSE ISN'T DIRTY AND THE COBWEBS ARE GONE. MY GARDEN LOOKS LOVELY AND SO DOES MY LAWN. I THINK I MIGHT NEVER PUT MY GLASSES BACK ON!



D)

Senior HelpLine 1-800-252-8966

711 (TRS)

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